



Atomska banja

Health Tourism
Gornja Trepča

LOCATION

GEOGRAPHICAL LOCATION AND TRANSPORT CONNECTION

Banja Gornja Trepča, also known as Atomska banja, is located 140 km from Belgrade and 18 km from Čačak.

Highway Miloš Veliki

Airport "Morava" Lađevci ...29 km.

Belgrade Nikola Tesla Airport 143 km

The spa is located at 460 meters above sea level, surrounded by extensive forest complexes on the slopes of the Vujan and Bukovik mountains.

From the history of the spa

It is reliably known that in 1890, Tanasije Nikitović from Gornja Trepča, having determined the healing properties of the water, decided to build a bathing tub. The tub was stone-walled, 2 m long, 0.5 m high, without a roof. At the beginning of the 20th century, baths were built by the heads of the Vujan monastery, the owner of land where the with the healing water. In 1934, a building with ten rooms and a tavern was built on the site. In 1904, while conducting research on the thermomineral water, M. Nikolić and A. Zege noted that there were four log cabins for the accommodation of 50-60 visitors, a village tavern and a monastery tavern. The bathing area did not have a developed infrastructure, the roads were bad, and the season lasted from June to September (Prirodno lečilište Gornja Trepča, Obradović-Bursać L., Stanković-Vasović V. 2004).

130 years later...

Atomska Banja Gornja Trepča spa is ranked as one of the best spas in the field of health tourism in this part of Europe.

With its offer, the spa is a place where health is improved, treated, but also an oasis of rest, where visitors can enjoy recreation and enjoy the interesting landscape with its wealth of beauty spots and unique experiences for all the senses.



‘THE SOURCE OF WATER LIKE THE SOURCE OF HEALTH‘

Owing to its specific physical and chemical characteristics, the water of this spa is a real rarity. The concentrations of microelements, macroelements and radioactive elements, as well as their inter-relations, give it a specific healing effect, especially on nerve and muscle tissues. The effectiveness of the rehabilitation offered by the Special Hospital for Rehabilitation Atomska banja Gornja Trepča has been confirmed by clinical studies conducted in previous years.

Indications

Mineral waters that have been tested on the territory of Gornja Trepča can be used for medical rehabilitation of patients with

- neurological diseases
- rheumatic diseases (inflammatory and degenerative)
- diseases of the gastrointestinal tract
- peripheral blood vessels

A series of factors that work together (mineral water, moderate climate, clean mountain air, favorable magnetic field, favorable regime of diet, sleep, rest and leisure), complementing each other in the Atomic Spa, enable the strengthening and recovery of an organism exhausted by a long-term illness and aid to rehabilitation of certain category of patients with the aim of training them for a more active and independent life.

|Ovde izvire zdravlje|



Special hospital for rehabilitation Atomska banja Gornja Trepča

Healthcare Centre

It is located in the center of the spa, in a beautiful environment, with 102 beds in single, double, and multi-bed rooms. It is fully adapted to the needs of guests. The proximity of all attractive spa locations enables an active and meaningful stay, as well as getting to know all the beauties of the Spa.

Rooms 1/1,1/2,1/3,1/4, with bathroom, all rooms have central air conditioning, LED TVs, cable TV and internet, towels provided.

Medical facilities, equipment and personnel

- Specialist and subspecialist doctors
- A team of specialized therapists and nurses
- Therapeutic pools for passive bathing
- Therapy blocks with hydromassage tubs and tubs for passive bathing
- Ultrasound diagnosis - ultrasound of the abdomen and bone-joint system, EMNG diagnosis, complete biochemical and hematological analysis
- Rooms for ultrasound therapy, magnetotherapy, laser therapy and electrotherapy
- Halls for kinesi-therapy, manual massage



VUJAN

Vujan is a modern accommodation and therapy facility equipped and adapted to people with special needs, it has an elevator and a conference hall with 50 seats. In addition to double rooms and hotel-type apartments, the Vujan facility also has rooms adapted to people with disabilities.

Rooms for people with disabilities:

Like the hotel part of the facility, double rooms contain TV, central air conditioning, cable television, internet, as well as towels, bathrobe, hair dryer. The difference is that Vujan offers separate beds for people with disabilities and companions. The room and bathroom are fully adapted in terms of space and equipment (the most modern medical beds, sanitary facilities, holders).



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Lux villa "Bukovik"

Lux villa "Bukovik" is located on a wooded slope, close to the "Vujan" facility. It has two separate bedrooms and a large living room, which allows it to comfortably accommodate up to 4 adults. One of the advantages of the villa itself is that it provides privacy to the users, while at the same time being within an easy reach of all the important facilities of the spa itself.

Users who are accommodated in the villa have access to all medical rehabilitation services in the Vujan facility.

Bungalows

Instantly recognisable for their beauty, the bungalows with mineral water are compact apartments located on a slight elevation, surrounded by the pine forest on one side and the oak forest on the other. Physically separated from the hospital complex and with a total capacity of 45 beds, they provide supreme comfort and a sense of privacy. In the immediate vicinity, there is also a spa park and numerous walking trails, among which our recommendation goes to the "Health Trail", praised by the guests as an unforgettable asset to their stay.

The rooms are double, triple, quadruple with a bathroom, TV, terrace, and the price of accommodation includes two bathing sessions.

All bungalows have bathtubs with thermo-mineral water for passive bathing.





THERAPIES

- **Physical therapy**
 - Ultrasound therapy
 - Laser therapy (high power laser and HILT)
 - Magnetotherapy (torus and mat)
 - Electrotherapy (galvanic, diadynamic, interfering currents, TENS, horizontal therapy)
- **Hydrotherapy**
 - Hydromassage
 - Passive bathing in bathtubs
 - Passive swimming in pools
- **Kinesitherapy**
 - Individual
 - Group
- **Manual massage**
 - Therapeutic
 - Relaxation
- **ORTHOKIN therapy - serum therapy (administering injections of the medicine made from the patient's blood into damaged joints, tendons and muscles)**

Complete potentials and medical capacities are used equally by clients who are accommodated in the facilities of the Special Hospital, as well as by those who use accommodation in other facilities in the spa. Before the start of rehabilitation, all of users undergo an examination by the competent doctors of the institution, who create a rehabilitation program for each individual in accordance with the underlying disease and taking into account all comorbidities. The facility has 24-hour medical staff on call.

PROGRAMS FOR ATHLETES

- Prevention of sports injuries
- Balneo-physical therapy for painful conditions and sports injuries
- Preoperative physical therapy and rehabilitation of athletes
- Postoperative physical therapy and rehabilitation of athletes
- Orthokin therapy

ATOMSKI CVET

The ATOMSKI CVET facility is located in the centre of the Gornja Trepča Atomic Spa, in the immediate vicinity of the Special Hospital for Rehabilitation and thermal mineral springs. For more than three decades, the facility has been offering complete catering services, including accommodation, food, drinks and entertainment.

Atomski cvet has over 80 beds and each room has its own bathroom, TV and Wi-Fi. The rooms are single, double, and there is also the apartment section with accommodation for two or more people. The guests are welcome to use the restaurant with a seasonal summer garden.

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FONTANA

FONTANA is a recognizable hotel-type facility, located in the centre of the spa, near the thermal mineral springs. It has 27 beds in nine double and three triple rooms. The rooms have a bathroom, CTV and balcony, and there is a restaurant for 70 people and a spacious terrace, where guests can spend pleasant moments.

Accommodation in a private house is also offered, and parking is provided.

Kindness, hospitality, quality accommodation and services are a guarantee of the guests' satisfaction.

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IZVORI

The "IZVORI" facility is in the centre of Gornja Trepča Atomic Spa, just 50 meters from the rehabilitation block. It has 36 beds and in addition to single, double and triple rooms, it also has one apartment. Each room has a separate bathroom, television with cable TV and WiFi. Some of the rooms are with a balcony and the guesthouse also has a restaurant with a garden.



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- ☎ +381 (0) 62 1991 193
- 🌐 izvori.rs
- 📍 Banja Gornja Trepca Pansion Izvori





ZDRAVLJAK

Restaurant with rooms "Zdravljak" has four bungalows with 32 beds in 16 double rooms. . Thermo-mineral water is used in the bathrooms, with the possibility of passive bathing in bathtubs. The package includes the restaurant offering of local cuisine specialties in a beautiful setting with lots of flowers and greenery.

- Restoran
- Parking
- WI-FI
- TV
- Telefon
- Kozmetički artikli
- Kada sa banjskom vodom
- Netaknuta priroda

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+381 (0) 063 11 26 716

zdravljak.rs



Šumadinac ND

The Sumadinac ND restaurant in Atomska banja Gornja Trepča is located not far from the spring of healing water. The facility offers accommodation in 5 comfortably furnished double rooms. Each room has a comfortable bathroom, LCD TV (cable TV), as well as free wireless Internet.

In a restaurant with a long family tradition, the offer includes specialties of local cuisine, specialties from the grill, as well as roasts prepared on a spit – a popular specialty of the Čačak region.

During the stay, the guests of this facility are offered excursions to the Ovčar-Kablar gorge and visits to the monasteries of this region, popularly known as the 'Small Holly Mountain of Serbia', as well as visits to many cultural and historical sights of the Moravički district. For interested guests, there is a possibility to organise hunting in the 'Zapadna Morava' commercial hunting ground owned by Srbija Šume, located not far from the spa itself.

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ANA

Accommodation "Ana" is located in Gornja Trepča, 300 meters from the hydrotherapy block and has 12 apartment-type rooms of the second category. The villa has 6 double rooms and 6 rooms with double beds. Each room has a bathroom, kitchen, terrace, telephone, cable TV. In addition, it also has rooms of the third category, 2 single and 1 double.

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SUNCE

Accommodation "SUNCE" is located near the source of thermal mineral water, on the bank of the small spa river, surrounded by greenery. The facility has a spacious yard and offers modern and comfortable rooms (10 rooms with 20 beds) – the proverbial kindness and hospitality of the hosts are a guarantee of the guests' satisfaction, among whom many are happy to return. In addition to these amenities, the guests also have a kitchen at their disposal, and a parking space within the spacious yard.

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Nedeljković

The Nedeljković apartments are located in the centre of the spa, on a small slope off the health trail that runs through the forest in the immediate surroundings. The building has 27 beds in 12 rooms and well-equipped apartments.

☎ +381 (0) 61 13 666 27

📌 Vila Lux Nedeljkovic

📍 Vila Lux Nedeljkovic



BOSANAC – VILA STOJA

Accommodation BOSANAC - VILLA STOJA is located on a slight elevation in the centre of the spa, offering double rooms. In addition to well-equipped rooms, the guests have at their disposal a kitchen, dining room, nicely decorated rooms and balconies for relaxation.

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VITKO

Beautifully decorated houses with a spacious yard offer 30 beds in its 13 rooms of second and third categories. Surrounded by greenery, the rooms are spacious, bright, with cable TV and the use of a terrace overlooking the flower garden.

The rooms are 200 m away from the thermal mineral springs as the crow flies.

The facilities have in-house professional medical staff (on-call nurse).

A fenced parking area is provided for guests, and accompanying activities are also offered: walking along the health trail, as well as visits to nearby monasteries.

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Dr. Aleksic Specialist Doctor's Office

Under the professional supervision of Dr. Aleksić, the office provides the services of physical medicine, multidisciplinary rehabilitation and medical treatment in the following areas:

- rheumatologist (arthrosis)
- neurological patients (central and peripheral motor neuron damage)
- sports injuries
- conditions after injuries to the locomotor system
- disorders of peripheral circulation
- rehabilitation of children
- stress syndromes, etc.

RHEUMA CENTRE

Specialist office for physical medicine and rehabilitation

Osteoporosis Centre

📍 Gornja Trepča bb

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Method of operation:

- exhaustive anamnesis (personal, family)
- analysis of existing documentation (lab., X-ray, special reports, etc.)
- complete physical examination
- diagnosis of osteoporosis (DXA)
- creating an individual treatment and rehabilitation program
- education

Therapy:

ELECTRO THERAPY

- magneto therapy
- laser – ultrasound



“Monte Carlo”

The "Monte Carlo" accommodation is situated in beautiful natural setting, at the entrance to Gornja Trepča spa. The services offered by the facility aim to satisfy the need for peace and rest of visitors and guests of the spa. Isolated from the crowd and noise, accommodation "Monte Carlo" offers enjoyment in the natural beauty typical of this region. The facility has an accommodation capacity of 19 beds in spacious and comfortably furnished rooms of the first and second categories. At the disposal of the guests are different amenities including the swimming pool, bar, library, as well as the spacious and beautifully decorated yard for recreation and rest.

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ACCOMMODATION

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EDELNICE

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TOURIST OFFER

Tourists from all over the world come to the Gornja Trepča Atomic Spa owing to its exceptional results in the treatment of one of the most serious neurological diseases - Multiple Sclerosis. More than half a century ago, a unique memorial with the inscription Multiple Sclerosis – rest in peace, a teacher from Kragujevac was erected in the spa.

Church of the Holy Mother of God

The Church of the Holy Mother of God is located above the spring of thermal mineral water, on the wooded slopes of the Vujan mountain. The church is believed to have been built in the second half of the 18th century, but according to other suppositions, it originates from the 14th or 15th century, as evidenced by the masonry fragments in the "apse" window. The interior of the church is decorated with frescoes and old icons from the Vujan monastery.

Vujan Monastery

The Vujan Monastery, dedicated to Saint Michael the Archangel, lies 6 km away from the Atomic Spa of Gornja Trepča. Known as the burial place of the prominent army leaders during the First and Second Serbian Uprising, Nikola Milićević Lunjevica and Lazar Mutap, the monastery represents an extremely valuable cultural and historical monument and is under the protection of the state.

Summer Days of Culture

The "Summer Days of Culture" are organized in the spa during the summer months. During the festival season, the guests staying in the spa enjoy numerous cultural and artistic programs, literary evenings, exhibitions, and performances.

Patriarch Pavle's Path

The hiking trail from the Atomic Spa Gornja Trepča to the Vujan Monastery is approximately 7 kilometres long and is marked with hiking signage. For lovers of nature and cultural and historical heritage, the walk along the trail connecting the spa with the monastery is a unique opportunity to test their fitness. The forest trail is named after the Serbian patriarch Pavle.

Equestrian club Griva - Donja Trepča

The Griva Equestrian Club is an excellent choice for animal lovers, from a horse stable to a small zoo, for enjoyment and recreation, but also a close contact with the nature. Riding schools for children and adults are organized here throughout the year, as well as off-road riding. It is possible to organize one-day or multi-day remote riding to the nearby mountains.

The Minić Brandy House

The Minić Brandy House is located in an authentic rural setting, in the village of Donja Trepča, on the slopes of the Vujan mountain. This is where the Minić family keeps the tradition of producing brandy from old varieties of plums, as well as other healthy fruits, grown on the sunny slopes of the surrounding mountains. Proud of the many awards they have won, the friendly hosts welcome their guests with a traditional Serbian welcome.



MEMORIAL COMPLEX AT LJUBIĆ

The memorial complex on Ljubić is dedicated to all fallen freedom-fighters, warriors and soldiers, as well as events from the liberation wars of Serbia in the 19th and 20th centuries (1815-1945). In 1983, it was recognised as a permanent cultural asset - a famous site of exceptional importance.



CITY OF ČAČAK - CULTURAL - HISTORICAL HERITAGE

TEMPLE OF THE ASCENSION OF CHRIST

The church is located in the very centre of Čačak. It was built from 1180 to 1190 by its ktetor Prince Stracimir, brother of the Grand Prince Stefan Nemanja. The unusual spacious interior and its great size place it among the most magnificent churches of its era.



NATIONAL MUSEUM IN ČAČAK

The house of Jovan Obrenović in Čačak is the city's second-oldest preserved building, predated only by the church. It was built in 1835 by Jovan Obrenović, the brother of Prince Miloš Obrenović.

Today, the building houses the National Museum with its three units - a presentation of history from the Neolithic to the Middle Ages, "Ovčar-Kablar Monasteries and Churches of the Čačak Region" and "Čačak Region in Uprisings and Wars 1804-1941".



OVČARSKO - KABLAR GORGE

The Ovčar-Kablar gorge belongs to those areas of Serbia that attract exceptional attention owing to their outstanding natural features (mountains, rivers, lakes) and memorial heritage. It is located in western Serbia, about 8 kilometers from Čačak.

By the decree of the Government of the Republic of Serbia, the Ovčar-Kablar gorge was declared a protected natural asset of the first category - an area of exceptional characteristics.

In the Ovčar-Kablar gorge there are nine monasteries, 2 chapels and a church - making the area known as the "Little Serbian Holy Mountain". Concentrated in a relatively small area, the monasteries of the Ovčarsko-Kablar Gorge have preserved the artistic and spiritual treasures of this area for centuries.





**Atomska banja
Health Tourism
Gornja Trepča**

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